



MCCA Team Fitness Survey



Circle the Answer

Grade: 1 2 3 4 5 6 7 8

Gender: Male or Female

Survey Questions

- | | | | |
|-------------------------------------------------------------------------------|---------|---------|-------------------------------|
| 1 Do you have fun in Team Fitness? | Yes | No | Don't Know |
| 2 Are the topics in Team Fitness helpful? | Yes | No | Don't Know |
| 3 Has being in Team Fitness helped you made stronger friendships? | Yes | No | Don't Know |
| 4 Has Team Fitness helped you identify healthier eating habits? | Yes | No | Don't Know |
| 5 Would you like to participate in Team Fitness next year? | Yes | No | Don't Know |
| 6 Are you more likely to join a team sport? | Yes | No | Don't Know |
| 7 Do you exercise at home more often? | Yes | No | Don't Know |
| 8 Have you been able to focus more on your homework? | Yes | No | Don't Know |
| 9 Has Team Fitness given you a reason to stay after school for homework help? | Yes | No | Don't Know |
| 10 How would you grade your coach? The Best Good | Great | Good | Bad |
| 11 What part of Team Fitness was the most fun? | Stage 1 | Stage 2 | Stage 3 Stage 4 Stage 5 |



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