

# Coaches Code of Conduct

1. All coaches must have uniform on while teaching fitness class
2. All coaches must complete all 5-stages of the Team Fitness workout plan in order of sequence each class session.
3. All students need to participate in the class and complete all 5-stages of the workout.
4. All students are to be treated with the utmost respect and always encouraged to participate in the class activities.
5. Coaches must notify MCCA a minimum of 24 hours in advance if they are unable to coach scheduled classes.
6. If a coach does not show or call in for replacement they will have **2 strikes** and then will be terminated.
7. All coaches must attend bi-weekly coaches meetings to turn in paperwork and discuss any problems or concerns at their site(s).
8. All coaches must have all items of the individual coach's checklist completed in their individual folder before placement begins.
9. All background checks need to be completed before placement is made.
10. All coaches must attend and participate in a minimum of 2 Team Fitness classes before conducting individual classes.

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Coaches Signature

Date